

**Plass** **Navn** **Klasse**

**Tid**

**D11-12**

<b>1</b>	<b>Tiril Bråten</b>	<b>D11-12</b>	<b>19:48</b>
01:56	03:59 09:01 13:58 16:06 18:34 19:48		
01:56	02:03 05:02 04:57 02:08 02:28 01:14		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Mari Landro Svingheim</b>	<b>D11-12</b>	<b>39:59</b>
02:50	05:46 17:29 24:00 33:13 37:51 39:59		
02:50	02:56 11:43 06:31 09:13 04:38 02:08		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>3</b>	<b>Pernille Sønsterudbråten</b>	<b>D11-12</b>	<b>1:33:41</b>
07:15	79:35 90:31 93:41		
07:15	72:20 10:56 03:10		
00:00=	00:00= 00:00= 00:00=		

**D13-14**

<b>1</b>	<b>Sigrid Ottestad Hansen</b>	<b>D13-14</b>	<b>30:52</b>
01:37	04:33 09:25 11:21 14:42 16:59 20:55 25:54 28:09 29:46 30:52		
01:37	02:56 04:52 01:56 03:21 02:17 03:56 04:59 02:15 01:37 01:06		
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**D15-16**

<b>1</b>	<b>Hedvig Åstebøl</b>	<b>D15-16</b>	<b>35:04</b>
01:42	04:31 13:41 15:46 19:11 21:51 25:56 29:10 31:51 33:44 35:04		
01:42	02:49 09:10 02:05 03:25 02:40 04:05 03:14 02:41 01:53 01:20		
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<b>2</b>	<b>Siri Kollerud</b>	<b>D15-16</b>	<b>41:31</b>
02:06	05:29 15:35 17:44 22:08 25:11 29:45 34:15 37:07 39:25 41:31		
02:06	03:23 10:06 02:09 04:24 03:03 04:34 04:30 02:52 02:18 02:06		
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**D17-20**

<b>1</b>	<b>Barbro Kvåle</b>	<b>D17-20</b>	<b>31:43</b>
01:47	04:34 07:02 10:42 12:44 16:09 19:40 23:16 24:49 26:28 27:13 29:16 30:46 31:43		
01:47	02:47 02:28 03:40 02:02 03:25 03:31 03:36 01:33 01:39 00:45 02:03 01:30 00:57		
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<b>2</b>	<b>Anette Baklid</b>	<b>D17-20</b>	<b>35:33</b>
02:47	05:53 08:26 12:23 14:20 18:11 22:25 26:17 28:01 30:03 30:51 32:52 34:30 35:33		
02:47	03:06 02:33 03:57 01:57 03:51 04:14 03:52 01:44 02:02 00:48 02:01 01:38 01:03		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>3</b>	<b>Maren Jansson Haverstad</b>	<b>D17-20</b>	<b>35:56</b>
03:28	06:39 09:16 13:20 15:20 19:20 23:16 26:47 28:25 30:11 30:58 32:56 34:37 35:56		
03:28	03:11 02:37 04:04 02:00 04:00 03:56 03:31 01:38 01:46 00:47 01:58 01:41 01:19		
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<b>4</b>	<b>Kari Svingheim</b>	<b>D17-20</b>	<b>37:08</b>
04:01	07:02 09:32 13:48 15:49 19:49 24:01 27:42 29:39 31:28 32:16 34:20 36:02 37:08		
04:01	03:01 02:30 04:16 02:01 04:00 04:12 03:41 01:57 01:49 00:48 02:04 01:42 01:06		
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<b>5</b>	<b>Synne Baklid</b>	<b>D17-20</b>	<b>37:38</b>
01:57	05:02 07:27 11:19 13:20 17:37 21:34 25:30 30:15 32:11 32:57 35:12 36:41 37:38		
01:57	03:05 02:25 03:52 02:01 04:17 03:57 03:56 04:45 01:56 00:46 02:15 01:29 00:57		
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### D21

<b>1</b>	<b>Marte Reenaas</b>	<b>D21</b>												<b>31:23</b>
02:37	05:03	07:08	10:23	13:29	15:44	18:23	20:27	23:39	25:25	26:56	27:34	29:04	30:29	31:23
02:37	02:26	02:05	03:15	03:06	02:15	02:39	02:04	03:12	01:46	01:31	00:38	01:30	01:25	00:54
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Hannele Tonna</b>	<b>D21</b>												<b>31:54</b>
01:42	04:07	07:05	10:26	13:40	16:08	18:43	20:45	24:02	25:54	27:21	28:01	29:32	30:56	31:54
01:42	02:25	02:58	03:21	03:14	02:28	02:35	02:02	03:17	01:52	01:27	00:40	01:31	01:24	00:58
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>3</b>	<b>Elise Egseth</b>	<b>D21</b>												<b>36:48</b>
02:33	05:21	07:45	11:43	15:16	17:49	20:45	22:58	26:57	28:56	31:15	32:08	34:21	35:48	36:48
02:33	02:48	02:24	03:58	03:33	02:33	02:56	02:13	03:59	01:59	02:19	00:53	02:13	01:27	01:00
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>4</b>	<b>Zsuzsa Fey</b>	<b>D21</b>												<b>37:16</b>
03:33	06:28	08:56	12:39	16:14	19:00	21:53	24:18	28:15	30:22	32:02	32:46	34:27	36:03	37:16
03:33	02:55	02:28	03:43	03:35	02:46	02:53	02:25	03:57	02:07	01:40	00:44	01:41	01:36	01:13
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>5</b>	<b>Emma Emilia Lähdekorpi</b>	<b>D21</b>												<b>40:40</b>
03:29	07:03	09:40	13:53	17:51	20:39	23:50	27:36	31:45	33:55	35:30	36:13	37:59	39:32	40:40
03:29	03:34	02:37	04:13	03:58	02:48	03:11	03:46	04:09	02:10	01:35	00:43	01:46	01:33	01:08
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>6</b>	<b>Åsa Kristina Franzen</b>	<b>D21</b>												<b>41:36</b>
03:00	06:15	09:10	13:44	18:08	21:37	24:57	27:35	31:46	34:09	36:02	36:52	38:52	40:42	41:36
03:00	03:15	02:55	04:34	04:24	03:29	03:20	02:38	04:11	02:23	01:53	00:50	02:00	01:50	00:54
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>7</b>	<b>Marianne Mellbye Larsen</b>	<b>D21</b>												<b>44:12</b>
04:56	08:03	10:47	15:21	19:26	22:39	26:18	28:45	34:09	36:29	38:21	39:15	41:09	43:00	44:12
04:56	03:07	02:44	04:34	04:05	03:13	03:39	02:27	05:24	02:20	01:52	00:54	01:54	01:51	01:12
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>8</b>	<b>Lene Bergersen</b>	<b>D21</b>												<b>49:56</b>
04:30	07:54	10:58	15:55	21:44	27:25	31:43	34:35	39:21	41:52	43:46	44:45	46:55	48:40	49:56
04:30	03:24	03:04	04:57	05:49	05:41	04:18	02:52	04:46	02:31	01:54	00:59	02:10	01:45	01:16
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>9</b>	<b>Synnøve Nybø</b>	<b>D21</b>												<b>56:00</b>
05:11	09:30	13:03	18:57	24:13	28:16	33:11	36:50	42:44	46:22	48:51	50:03	52:25	54:31	56:00
05:11	04:19	03:33	05:54	05:16	04:03	04:55	03:39	05:54	03:38	02:29	01:12	02:22	02:06	01:29
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### D40

<b>1</b>	<b>Anne Sofie Lofthus</b>	<b>D40</b>												<b>44:22</b>
03:34	07:21	10:16	14:40	16:55	20:55	28:06	32:17	34:19	38:15	39:21	41:38	43:10	44:22	
03:34	03:47	02:55	04:24	02:15	04:00	07:11	04:11	02:02	03:56	01:06	02:17	01:32	01:12	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Mari Hernandez</b>	<b>D40</b>												<b>45:32</b>
05:11	09:17	12:29	17:10	19:33	23:40	29:22	33:52	35:50	38:01	39:06	42:15	44:02	45:32	
05:11	04:06	03:12	04:41	02:23	04:07	05:42	04:30	01:58	02:11	01:05	03:09	01:47	01:30	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>3</b>	<b>Trine Ruud Bråten</b>	<b>D40</b>												<b>49:59</b>
03:35	07:54	11:21	16:33	19:05	24:46	30:10	35:26	38:33	42:23	43:27	46:09	48:29	49:59	
03:35	04:19	03:27	05:12	02:32	05:41	05:24	05:16	03:07	03:50	01:04	02:42	02:20	01:30	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>4</b>	<b>Vanja Staff</b>	<b>D40</b>												<b>52:10</b>
03:48	08:39	12:27	18:09	21:07	26:22	31:58	37:51	40:56	44:12	45:20	48:09	50:28	52:10	
03:48	04:51	03:48	05:42	02:58	05:15	05:36	05:53	03:05	03:16	01:08	02:49	02:19	01:42	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>5</b>	<b>Hege Heiberg</b>	<b>D40</b>												<b>1:26:58</b>
14:19	19:37	24:18	31:03	35:27	41:04	47:51	54:42	73:50	77:13	78:30	81:43	84:27	86:58	
14:19	05:18	04:41	06:45	04:24	05:37	06:47	06:51	19:08	03:23	01:17	03:13	02:44	02:31	
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Class	Navn	Klasse												Tid
<b>6</b>	<b>Berit Horvei</b>	<b>D40</b>												<b>1:35:31</b>
39:38	45:16	49:55	56:04	60:04	66:17	72:59	80:15	83:26	86:46	88:05	91:12	94:53	95:31	
39:38	05:38	04:39	06:09	04:00	06:13	06:42	07:16	03:11	03:20	01:19	03:07	03:41	00:38	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

## H11-12

**1 Håvard Landro Svingheim H11-12 19:13**

01:52	03:42	09:17	13:09	15:20	17:56	19:13
01:52	01:50	05:35	03:52	02:11	02:36	01:17
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**2 Sindre Ottestad Hansen H11-12 26:03**

02:10	04:22	09:41	15:40	17:47	24:41	26:03
02:10	02:12	05:19	05:59	02:07	06:54	01:22
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**3 Jørgen Baklid H11-12 33:06**

01:45	03:51	16:40	23:36	28:48	31:46	33:06
01:45	02:06	12:49	06:56	05:12	02:58	01:20
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

## H13-14

**1 Lars Harald Aasheim H13-14 25:21**

01:28	03:51	08:13	09:57	12:50	14:56	17:45	20:35	22:40	24:13	25:21
01:28	02:23	04:22	01:44	02:53	02:06	02:49	02:50	02:05	01:33	01:08
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**2 Håkon Kindem H13-14 36:47**

02:05	05:27	10:56	13:27	18:07	21:39	26:07	29:50	33:27	35:37	36:47
02:05	03:22	05:29	02:31	04:40	03:32	04:28	03:43	03:37	02:10	01:10
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

## H15-16

**1 Dag Lofthus H15-16 33:04**

01:44	05:09	07:40	12:31	14:47	18:24	21:42	24:52	26:19	28:06	28:51	30:38	32:10	33:04
01:44	03:25	02:31	04:51	02:16	03:37	03:18	03:10	01:27	01:47	00:45	01:47	01:32	00:54
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**2 Jørgen Haugen Madslie H15-16 33:14**

01:58	05:01	07:19	11:32	13:34	16:52	20:29	23:49	25:13	26:08	27:35	28:19	30:45	32:16	33:14
01:58	03:03	02:18	04:13	02:02	03:18	03:37	03:20	01:24	00:55	01:27	00:44	02:26	01:31	00:58
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**3 Anna Ulvensøen H15-16 35:41**

02:10	05:21	07:54	12:28	14:46	18:37	22:27	26:11	28:03	30:02	30:50	32:58	34:39	35:41
02:10	03:11	02:33	04:34	02:18	03:51	03:50	03:44	01:52	01:59	00:48	02:08	01:41	01:02
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**4 Anders Bjergaard H15-16 36:16**

03:24	06:16	08:45	13:03	15:18	19:18	23:22	26:39	28:34	31:07	31:54	33:51	35:21	36:16
03:24	02:52	02:29	04:18	02:15	04:00	04:04	03:17	01:55	02:33	00:47	01:57	01:30	00:55
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**5 Erik Trøen H15-16 39:16**

02:19	05:32	08:40	12:40	14:45	18:41	22:58	27:14	28:54	31:49	34:16	36:29	38:11	39:16
02:19	03:13	03:08	04:00	02:05	03:56	04:17	04:16	01:40	02:55	02:27	02:13	01:42	01:05
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

**6 Marta Ulvensøen H15-16 43:33**

05:09	09:42	12:28	16:46	19:08	23:31	28:48	33:15	35:03	37:30	38:24	40:42	42:33	43:33
05:09	04:33	02:46	04:18	02:22	04:23	05:17	04:27	01:48	02:27	00:54	02:18	01:51	01:00
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

## H17-20

Class	Navn	Klasse											Tid				
<b>1</b>	<b>Rasmus Korvald Skaare</b>	<b>H17-20</b>											<b>32:09</b>				
01:04	04:14	05:39	08:36	10:12	12:43	15:16	18:15	20:04	24:03	26:35	28:03	28:43	30:10	31:20	32:09		
01:04	03:10	01:25	02:57	01:36	02:31	02:33	02:59	01:49	03:59	02:32	01:28	00:40	01:27	01:10	00:49		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>2</b>	<b>Vetle Ruud Bråten</b>	<b>H17-20</b>											<b>34:21</b>				
01:01	04:16	05:34	08:35	10:07	12:38	15:05	17:55	21:38	26:06	28:40	30:08	30:45	32:15	33:31	34:21		
01:01	03:15	01:18	03:01	01:32	02:31	02:27	02:50	03:43	04:28	02:34	01:28	00:37	01:30	01:16	00:50		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>3</b>	<b>Gaute Hallan Steiwer</b>	<b>H17-20</b>											<b>34:59</b>				
01:04	04:53	06:18	09:31	11:13	14:06	16:46	20:03	21:53	26:02	28:52	30:26	31:08	32:43	34:04	34:59		
01:04	03:49	01:25	03:13	01:42	02:53	02:40	03:17	01:50	04:09	02:50	01:34	00:42	01:35	01:21	00:55		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>4</b>	<b>Jostein Kvakland</b>	<b>H17-20</b>											<b>36:55</b>				
01:14	05:10	06:44	10:06	11:55	14:54	17:38	20:49	22:51	27:02	29:55	31:32	32:23	34:12	36:00	36:55		
01:14	03:56	01:34	03:22	01:49	02:59	02:44	03:11	02:02	04:11	02:53	01:37	00:51	01:49	01:48	00:55		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>5</b>	<b>Eskil Kinneberg</b>	<b>H17-20</b>											<b>37:13</b>				
01:14	05:01	06:35	10:06	11:56	15:18	17:59	21:02	23:44	27:55	30:51	32:31	33:19	34:59	36:20	37:13		
01:14	03:47	01:34	03:31	01:50	03:22	02:41	03:03	02:42	04:11	02:56	01:40	00:48	01:40	01:21	00:53		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>6</b>	<b>Jonas Juveli</b>	<b>H17-20</b>											<b>40:43</b>				
01:30	05:20	06:59	11:02	12:56	16:01	19:35	23:23	25:23	30:52	33:47	35:32	36:17	38:05	39:44	40:43		
01:30	03:50	01:39	04:03	01:54	03:05	03:34	03:48	02:00	05:29	02:55	01:45	00:45	01:48	01:39	00:59		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
<b>7</b>	<b>Fredrik Danielsen</b>	<b>H17-20</b>											<b>40:57</b>				
01:11	05:20	06:52	10:35	12:25	16:16	19:07	22:37	25:03	29:38	33:58	35:44	36:34	38:26	39:58	40:57		
01:11	04:09	01:32	03:43	01:50	03:51	02:51	03:30	02:26	04:35	04:20	01:46	00:50	01:52	01:32	00:59		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

## H21

<b>1</b>	<b>Øystein Kvaal Østerbø</b>	<b>H21</b>											<b>36:46</b>					
03:03	04:58	05:56	09:49	11:15	12:37	16:44	18:39	20:31	23:43	25:22	28:23	29:32	31:02	32:09	33:41	34:55	35:57	36:46
03:03	01:55	00:58	03:53	01:26	01:22	04:07	01:55	01:52	03:12	01:39	03:01	01:09	01:30	01:07	01:32	01:14	01:02	00:49
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Lars Hol Moholdt</b>	<b>H21</b>											<b>37:01</b>					
03:22	05:17	06:15	10:11	11:37	12:56	16:33	18:25	20:16	23:26	25:06	28:24	29:33	31:04	32:12	33:46	35:02	36:13	37:01
03:22	01:55	00:58	03:56	01:26	01:19	03:37	01:52	01:51	03:10	01:40	03:18	01:09	01:31	01:08	01:34	01:16	01:11	00:48
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>3</b>	<b>Hans Jørgen Kvåle</b>	<b>H21</b>											<b>37:19</b>					
03:45	05:50	06:48	10:45	12:13	13:32	17:04	18:54	20:38	23:43	25:20	28:38	29:40	31:15	32:23	33:58	35:12	36:30	37:19
03:45	02:05	00:58	03:57	01:28	01:19	03:32	01:50	01:44	03:05	01:37	03:18	01:02	01:35	01:08	01:35	01:14	01:18	00:49
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>4</b>	<b>Eivind Tonna</b>	<b>H21</b>											<b>37:28</b>					
03:00	04:48	05:45	09:41	11:04	12:22	16:29	18:23	20:12	23:11	24:48	28:07	29:17	31:27	32:43	34:19	35:34	36:38	37:28
03:00	01:48	00:57	03:56	01:23	01:18	04:07	01:54	01:49	02:59	01:37	03:19	01:10	02:10	01:16	01:36	01:15	01:04	00:50
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>5</b>	<b>Sindre Jansson Haverstad</b>	<b>H21</b>											<b>38:20</b>					
03:18	05:18	06:19	10:28	11:54	13:14	17:00	18:59	20:58	24:07	25:55	29:21	30:32	32:08	33:16	34:54	36:18	37:28	38:20
03:18	02:00	01:01	04:09	01:26	01:20	03:46	01:59	01:59	03:09	01:48	03:26	01:11	01:36	01:08	01:38	01:24	01:10	00:52
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>6</b>	<b>Eirik Watterdal</b>	<b>H21</b>											<b>38:45</b>					
03:24	05:21	06:20	10:19	11:46	13:21	17:08	19:08	21:06	24:50	26:24	29:46	31:03	32:41	33:50	35:24	36:43	37:53	38:45
03:24	01:57	00:59	03:59	01:27	01:35	03:47	02:00	01:58	03:44	01:34	03:22	01:17	01:38	01:09	01:34	01:19	01:10	00:52
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>7</b>	<b>Anders Hauge</b>	<b>H21</b>											<b>40:57</b>					
03:26	05:29	06:30	10:35	12:08	13:28	17:50	19:52	21:51	26:02	27:47	31:37	32:50	34:37	35:51	37:30	38:50	40:02	40:57
03:26	02:03	01:01	04:05	01:33	01:20	04:22	02:02	01:59	04:11	01:45	03:50	01:13	01:47	01:14	01:39	01:20	01:12	00:55
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse														Tid		
<b>8</b>	<b>Christian Hohl</b>	<b>H21</b>														<b>41:34</b>		
03:51	06:00	07:00	11:12	12:43	14:07	18:43	20:49	22:50	26:35	28:23	32:05	33:21	35:00	36:12	37:51	39:22	40:40	41:34
03:51	02:09	01:00	04:12	01:31	01:24	04:36	02:06	02:01	03:45	01:48	03:42	01:16	01:39	01:12	01:39	01:31	01:18	00:54
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>9</b>	<b>Ove Sætra</b>	<b>H21</b>														<b>41:46</b>		
03:16	05:23	06:28	10:44	12:16	13:37	18:54	20:49	22:43	26:26	28:13	31:45	33:04	34:56	36:19	38:01	39:26	40:54	41:46
03:16	02:07	01:05	04:16	01:32	01:21	05:17	01:55	01:54	03:43	01:47	03:32	01:19	01:52	01:23	01:42	01:25	01:28	00:52
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>10</b>	<b>Magnus Svingheim</b>	<b>H21</b>														<b>44:26</b>		
04:05	06:30	07:31	11:52	13:28	14:50	19:47	21:49	23:55	27:12	28:57	34:00	35:28	38:02	39:18	40:59	42:22	43:32	44:26
04:05	02:25	01:01	04:21	01:36	01:22	04:57	02:02	02:06	03:17	01:45	05:03	01:28	02:34	01:16	01:41	01:23	01:10	00:54
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>11</b>	<b>Bård Smestad</b>	<b>H21</b>														<b>46:05</b>		
03:44	06:12	07:25	12:16	13:59	15:32	21:28	23:38	25:58	29:28	31:31	35:28	36:49	38:50	40:22	42:12	43:42	45:05	46:05
03:44	02:28	01:13	04:51	01:43	01:33	05:56	02:10	02:20	03:30	02:03	03:57	01:21	02:01	01:32	01:50	01:30	01:23	01:00
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>12</b>	<b>Mattis Myhre</b>	<b>H21</b>														<b>49:45</b>		
04:35	07:10	08:21	13:40	15:30	17:16	22:10	24:31	26:58	31:28	33:33	38:03	39:23	42:16	43:45	45:40	47:26	48:49	49:45
04:35	02:35	01:11	05:19	01:50	01:46	04:54	02:21	02:27	04:30	02:05	04:30	01:20	02:53	01:29	01:55	01:46	01:23	00:56
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>13</b>	<b>Henning Spjelkavik</b>	<b>H21</b>														<b>49:52</b>		
04:58	07:55	09:11	14:32	16:19	17:54	23:21	25:41	28:17	31:52	33:48	38:01	39:31	41:30	43:01	45:05	47:30	48:50	49:52
04:58	02:57	01:16	05:21	01:47	01:35	05:27	02:20	02:36	03:35	01:56	04:13	01:30	01:59	01:31	02:04	02:25	01:20	01:02
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>14</b>	<b>Kim Andre Røste Sveen</b>	<b>H21</b>														<b>51:30</b>		
05:05	08:04	09:18	14:27	16:41	18:27	24:25	26:57	29:17	33:00	35:15	39:39	41:06	44:05	45:32	47:35	49:09	50:28	51:30
05:05	02:59	01:14	05:09	02:14	01:46	05:58	02:32	02:20	03:43	02:15	04:24	01:27	02:59	01:27	02:03	01:34	01:19	01:02
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>15</b>	<b>Chris Forne</b>	<b>H21</b>														<b>57:53</b>		
05:29	08:39	10:00	15:51	18:08	20:00	25:17	28:29	31:21	34:47	37:29	44:03	45:39	47:56	49:50	52:17	54:19	56:44	57:53
05:29	03:10	01:21	05:51	02:17	01:52	05:17	03:12	02:52	03:26	02:42	06:34	01:36	02:17	01:54	02:27	02:02	02:25	01:09
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>16</b>	<b>Håvard Halvorsen</b>	<b>H21</b>														<b>1:03:41</b>		
05:47	09:57	11:23	17:26	19:48	21:50	27:24	32:01	36:43	41:45	44:25	49:52	51:31	54:06	55:44	58:35	60:41	62:20	63:41
05:47	04:10	01:26	06:03	02:22	02:02	05:34	04:37	04:42	05:02	02:40	05:27	01:39	02:35	01:38	02:51	02:06	01:39	01:21
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>H40</b>																		
<b>1</b>	<b>Erlend Slokvik</b>	<b>H40</b>														<b>30:02</b>		
02:30	05:17	07:31	10:52	12:34	15:54	19:11	22:18	23:43	25:22	26:06	27:40	29:02						
02:30	02:47	02:14	03:21	01:42	03:20	03:17	03:07	01:25	01:39	00:44	01:34	01:22						
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
<b>2</b>	<b>Jan Arild Johnsen</b>	<b>H40</b>														<b>54:12</b>		
03:55	09:47	13:26	19:28	22:30	28:05	34:01	39:46	42:37	45:34	46:43	49:59	53:01						
03:55	05:52	03:39	06:02	03:02	05:35	05:56	05:45	02:51	02:57	01:09	03:16	03:02						
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
<b>3</b>	<b>Per Øyvind Kindem</b>	<b>H40</b>														<b>54:50</b>		
04:22	08:42	13:06	19:31	22:29	28:27	34:46	40:57	43:24	46:21	47:40	50:48	53:28						
04:22	04:20	04:24	06:25	02:58	05:58	06:19	06:11	02:27	02:57	01:19	03:08	02:40						
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
<b>H50</b>																		
<b>1</b>	<b>Hans Ingar Sætra</b>	<b>H50</b>														<b>48:29</b>		
07:10	10:55	14:15	19:14	21:51	26:26	31:30	36:23	38:28	41:14	42:22	45:06	47:04						
07:10	03:45	03:20	04:59	02:37	04:35	05:04	04:53	02:05	02:46	01:08	02:44	01:58						
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						